



“I can do all things through Him that strengthens me.” Philippians 4:8

## Helping Others to Have Healthy Minds

Have you ever been sad or lonely? Did someone help you by just listening? You can help someone else with your prayers and offerings.

Each year lots of churches in our area give an offering to help others. We collect this offering for mission projects in our communities. These projects are bigger than any one church can do alone.

There are 180 churches who work together in what is called an Association. This includes your church. Our association is called the Birmingham Metro Baptist Association (BMBA). When we work together, we are stronger and we can help others physically, spiritually, and mentally.

This year we want to collect \$20,000 for the Helen White/Evie Eubank Offering.

One need is to help people who are hurting mentally. We want people to have healthy minds.

There are three groups in our BMBA Partner Center who help people get counseling, so they will get better. These groups will get \$15,000. The names of the groups are:

- Pathways
- Awaken
- Hope House

You can help with your prayers and offerings. Money you give will help adults, children, and families get the mental help they need.

There are other needs, too. We want to be ready to give to those needs also with \$5,000.

Ask your adult to help you think of ways to earn money to give to the 2024 offering. You can start giving on May 1.